

SCHRAMMEK

GREEN PEEL®

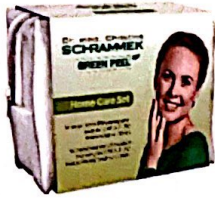
GREEN PEEL METHODS – POST TREATMENT SHEET

- These treatments are **NOT suitable** for pregnant or lactating woman
 - The Green Peel method performed on your skin may cause slight increased sensitivity, **according to method performed**. Side effects may include, but are not limited to:
 - Touch sensitive tingling
 - Itching
 - Redness
 - Tightness
 - Peeling
 - Please ensure that the use of AHA, BHA, Retinol or Benzoyl Peroxide is strictly prohibited when undergoing a GREEN PEEL treatment and these products **should be stopped 5 days before the peel and only resumed 5 days after the peeling process /tingling sensation has completely stopped**.
 - Therapist cannot wear gloves when performing the green peel as the material can damage the herbs, causing a reaction on the skin.
 - For the day of and 2 days following the peel, **avoid sweating, exercise, very hot baths/showers**
 - Clients will always start with Fresh up and then progress to Energy, which is only advised for winter months & only done in a course of 3-4 Energy's then back to Fresh Up as maintenance.
 - All patients need to have 3x consecutive Fresh Up Green Peels, gradually increasing time and pressure to prepare the skin for corrective treatment methods - before they can move on to doing Energy.
 - **Green Peel Treatment time:**
 - **Fresh up** - 1 min 30 sec - for all first-time clients and can add 30sec or 1 full min (depending on client tolerance and skin condition) on next follow up treatment.
A maximum of 3 min can be spent on Fresh up.
 - **Energy** - 3min 30sec - can increase 30sec or 1 full min (depending on client tolerance and skin condition) on next follow up treatment.
A maximum of 5 min / 6 min can be spent on Energy.
(Therapist to use their own discretion and client's sensitivity when increasing time)
 - Please be aware immediately following the treatment **the skin will have an active sensation especially felt when touch is applied**.

Do not over touch the skin as this might cause sensitivity or a slight red rash (please note this is not harmful in any way and will not affect the result of the treatment)

Strictly only an area the size of two hands can be treated at a time in a Green Peel treatment, palpitations might be experienced when too large an area is treated due to the depth of the medical treatment.
- Fresh Up
 - Energy
 - Classic

HOMECARE: Depending on skin type and colour



- **Super Soft Cleanser/Deep Pore Cleanser Optional** (3 or 4 kit is optional depending on the clients current cleanser)
- **Herbal Care Lotion**
- **Blemish Balm** – shade according to skin colour (Available in 4 colours- light, classic, honey, dark brown)
- **Special Care Cream** (Dry/Sensitive) OR **Special Regulating Cream** (Oily/Congested/Prone to breakouts post peel)

By signing this document, you acknowledge that you have read and understand the GREEN PEEL treatment protocols as listed above

Client Name: _____

Stockist Signature: _____

Date: _____

Clinic: _____

Term & Conditions

Evolution cosmetic, the authorized distributor of Dr Schrammek for Southern Africa, staff and representatives thereof, will hereby not take responsibility for problems arising from peel treatments performed whereby the correct protocols were not followed.

evolution
about skin